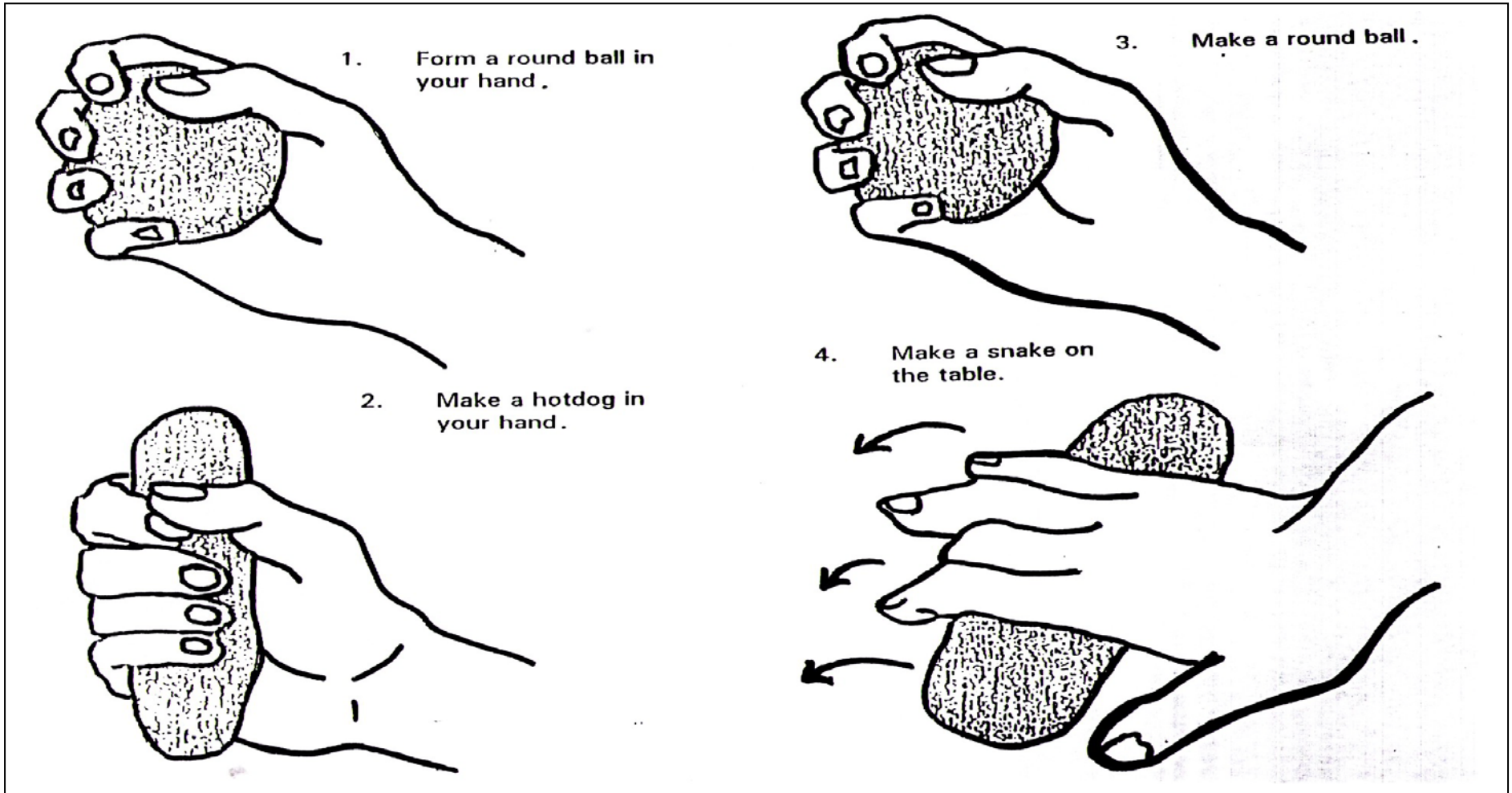
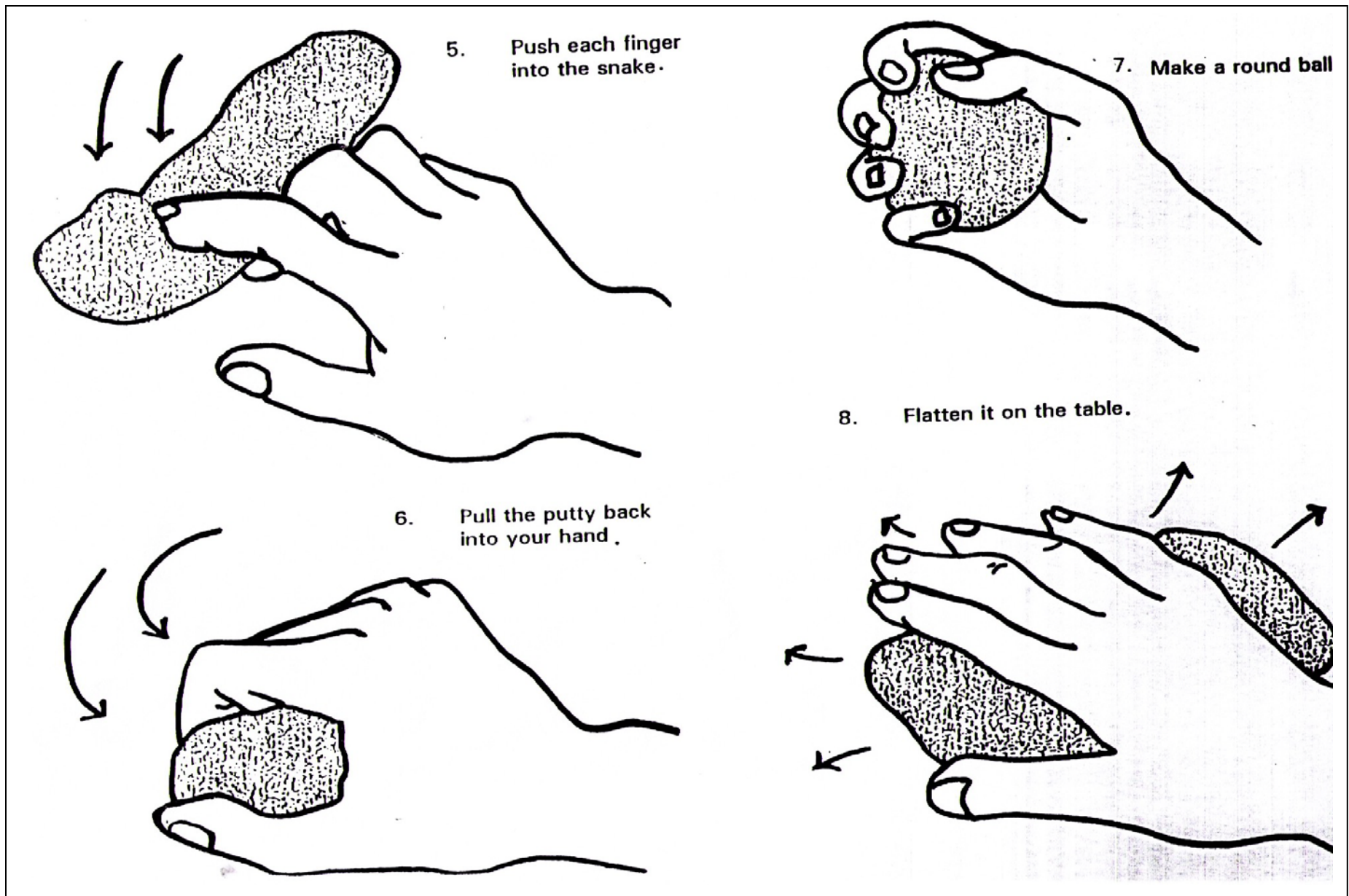


Coker Rehab Services

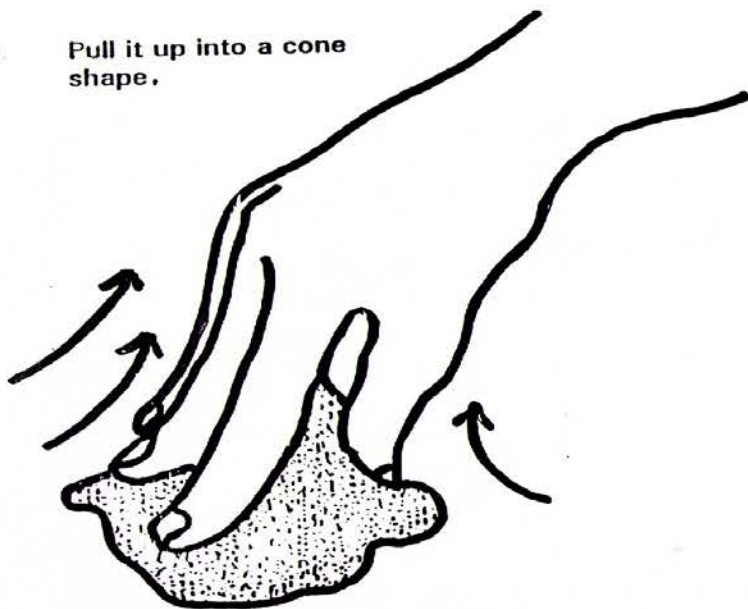
Theraputty Exercises

Right/Left Hand _____ Repetitions Each Time

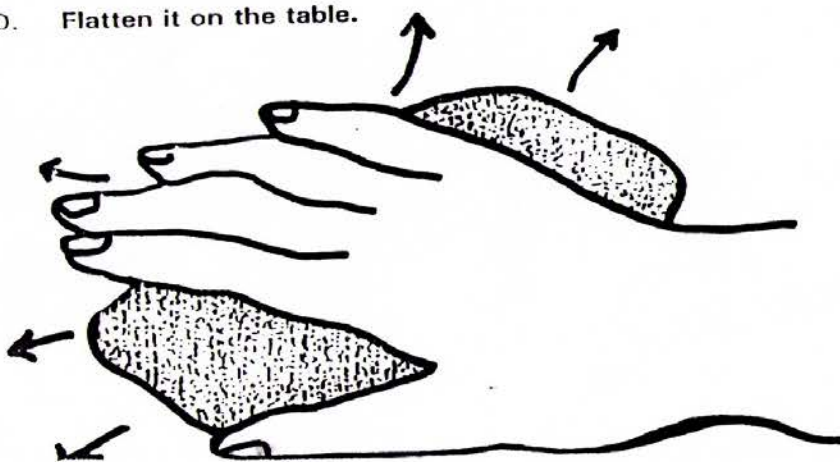




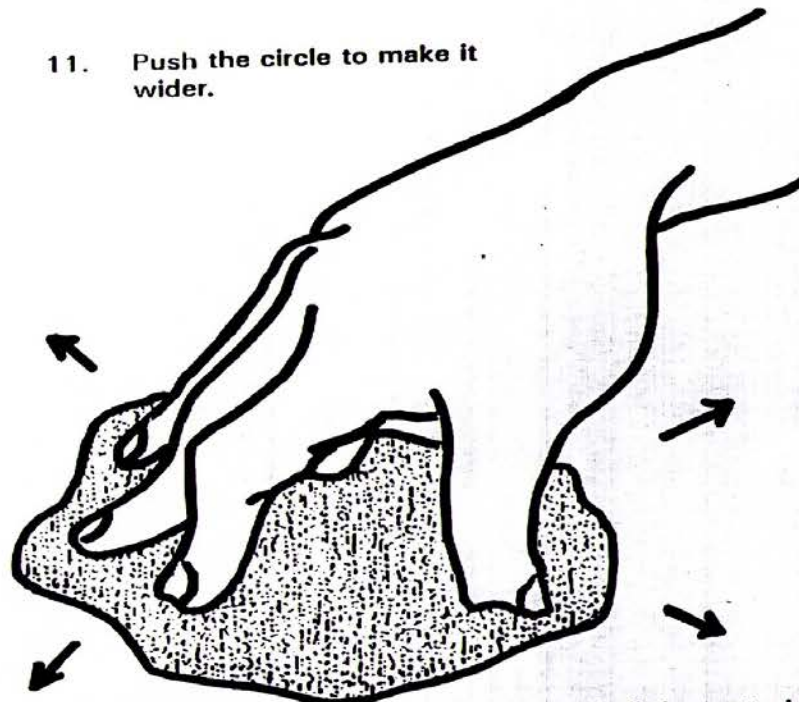
9. Pull it up into a cone shape.



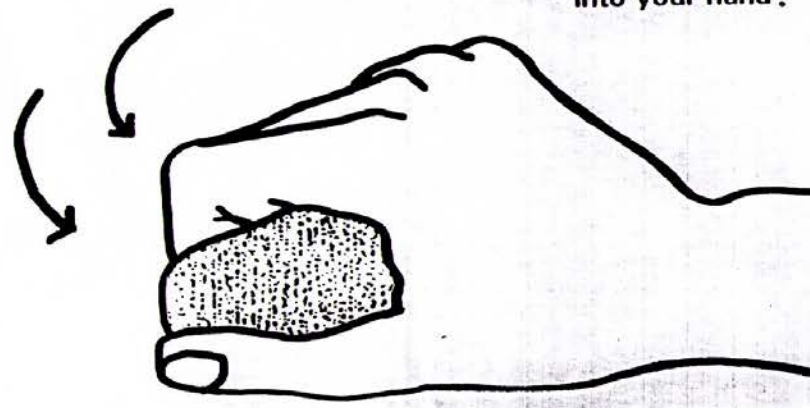
10. Flatten it on the table.

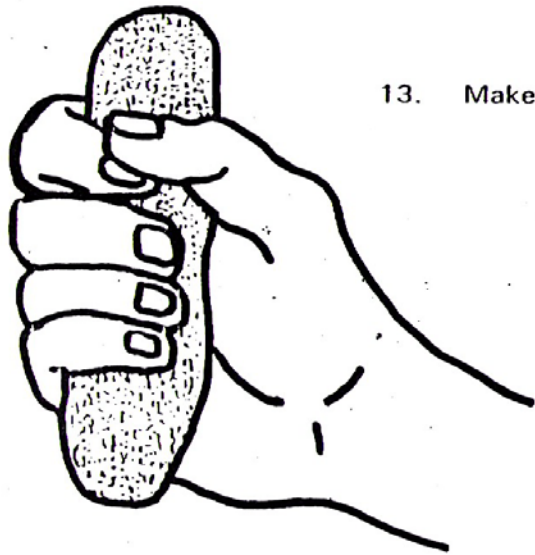


11. Push the circle to make it wider.

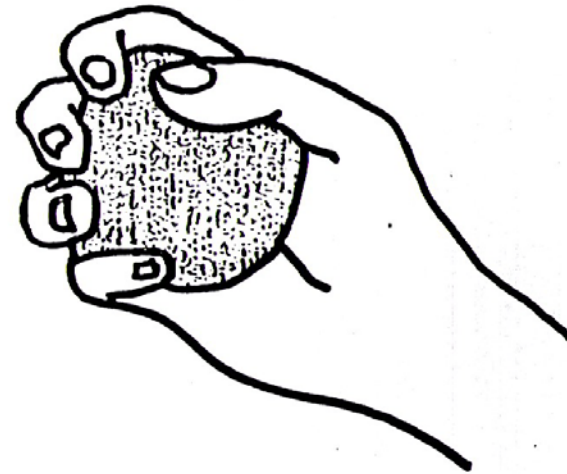


12. Pull the putty back into your hand.



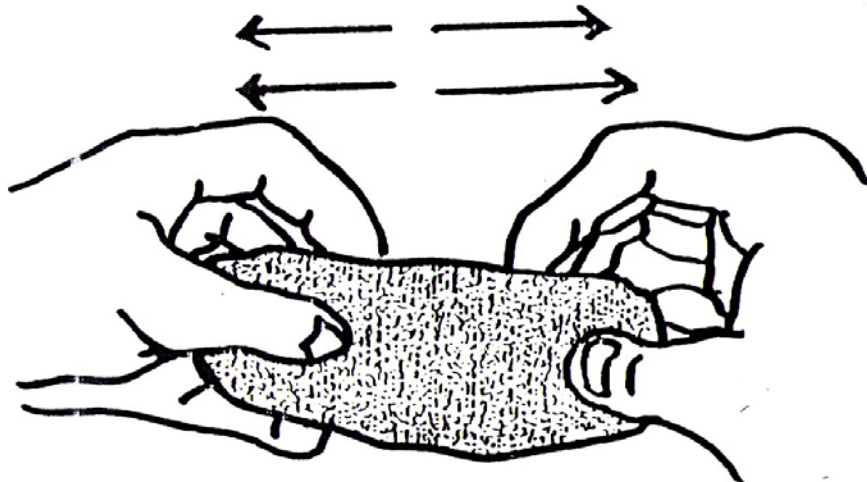


13. Make a hotdog.

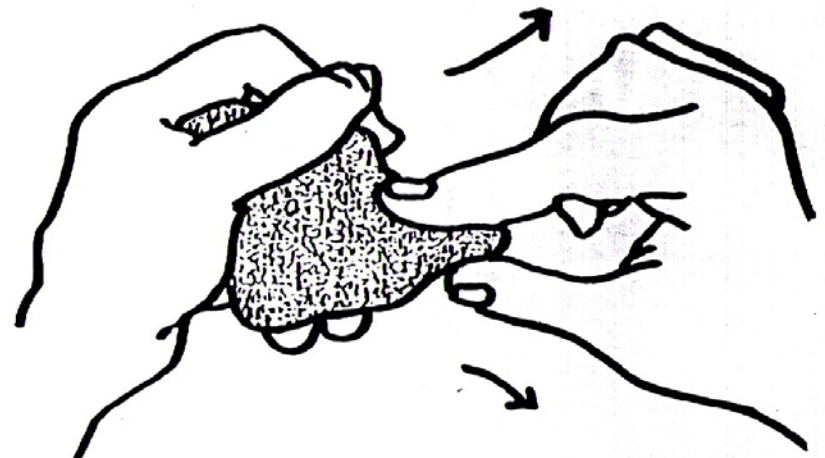


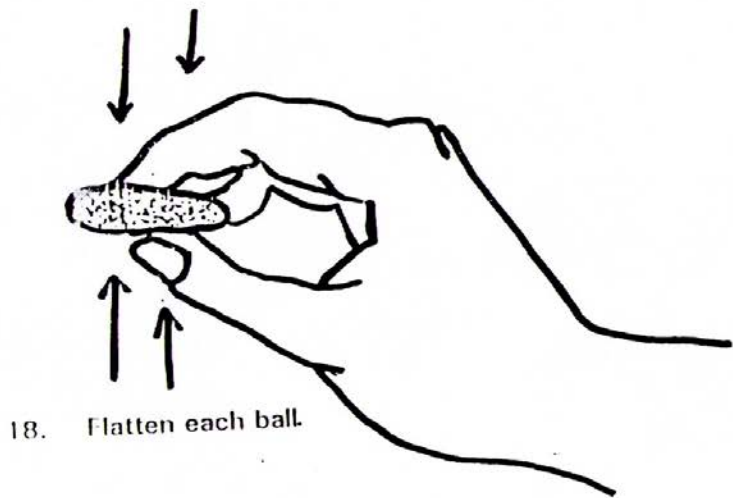
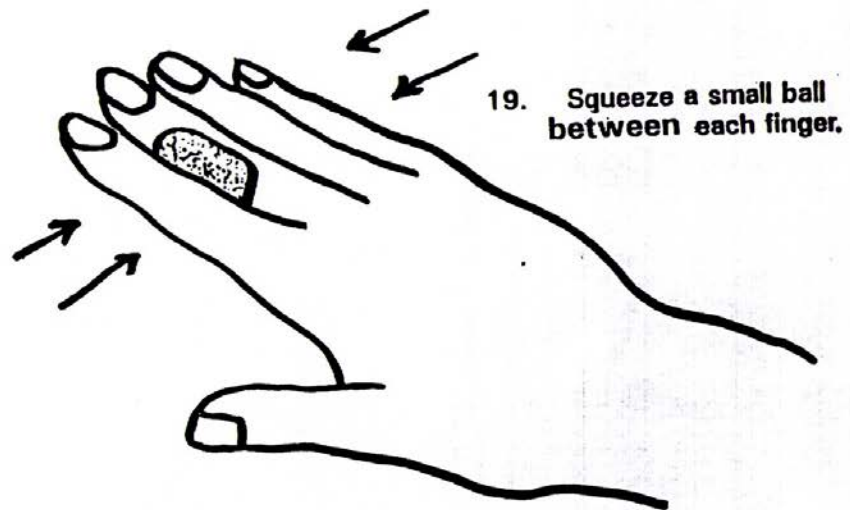
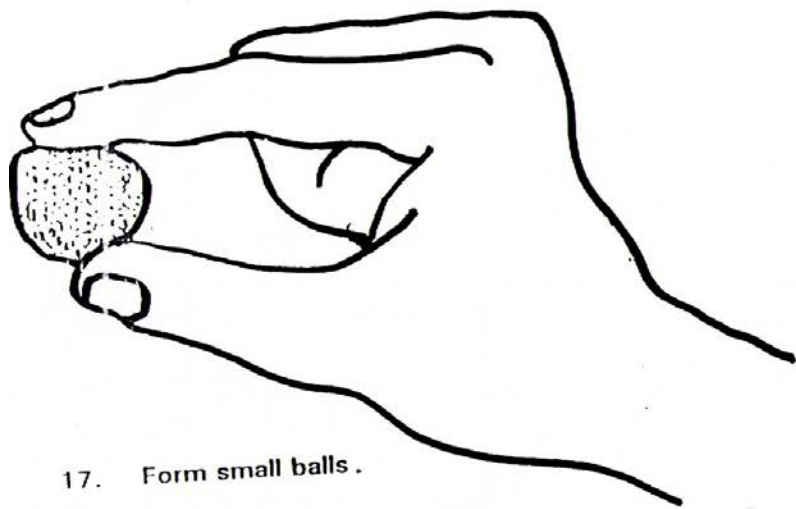
15. Make a round ball.

14. Use both hands to stretch the putty.



16. Hold the putty. Pinch off pieces quickly.





20. Make a round ball
(See Step #1).

